

Want to get more out of your regular 1 on 1s? The table below isn't just a template—it's a hands-on guide to enhancing your current one on one meeting template with targeted, Al-powered prompts. Use it to upgrade your standard agenda, spark more meaningful conversations, and personalize every session for each employee. Whether you're a new manager or a seasoned leader, these prompts plug right into your workflow and help you unlock the real value of every 1 on 1 meeting.

Segment	Purpose & Example Questions	Example Al Prompt to Enhance This Section
Check-in & Rapport	"How are you doing today, outside of work?" "What were your work/non-work highlights?" "Is anything stressing you out?"	Prompt: "Suggest 5 creative check-in questions for a one on one meeting that go beyond 'How are you?' and spark honest conversation."
Priorities & Progress	"What's your top priority right now?" "Any challenges you're facing?" "What's your outlook for the next week/month?"	Prompt: "Given a summary of recent tasks and projects, draft 3 follow-up questions to help an employee reflect on progress and blockers."
Feedback & Coaching	"I've noticed [X], can you tell me more?" "Here's an area for development—how can I support you?"	Prompt: "Generate 3 constructive feedback prompts for a manager to use in a 1:1, focused on growth and open dialogue."

Career Development

"What progress on your goals?"

"What new skills are you interested in?"

"Where do you see yourself in 1-3 years?"

Prompt: "Provide 3 thoughtful questions a manager can ask to help an employee explore career development and long-term goals."

Action Items & Next Steps

"What are the key action items?"

"How can I support you before next meeting?"

"Anything else we should discuss next time?"

Prompt: "Summarize the discussion notes and extract clear, actionable next steps with owners and due dates for both parties."

Tip:

Download or duplicate this template for your next 1 on 1 meeting, or use it as a template for one on one with an employee in your team's knowledge base. Just copy the Al prompt for each section and paste it into your favorite Al tool with all the necessary knowledge already stored in it—customize as needed to fit your team and style!



To create a meeting deck: https://hiaurora.ai/